momentum

medical scheme

Option Selection Form

2022

Important notes:

- You only need to complete this form if you want to change your current option and/or choice of provider. Please make sure that all the selections for your chosen option are completed. Incomplete information will cause a delay in the processing of your option change.
- · If your employer pays your contributions, please submit the fully completed form to your HR or Payroll department.
- If you are an individual member, please send the fully completed form to the Momentum Medical Scheme membership department via email at mhmembership@momentum.co.za.
- Please make sure that this form reaches Momentum Medical Scheme by **no later than 19 November 2021.** The requested changes will be effective from 1 January 2022.

Member details										
Member number				E	Employe	ee number				
Title	Initial/	s	Surname							
ID number				C	ellphor	ne number				
Email										
Ingwe Option	Hospital provider	Chronic and	l Day-to-day	provider			Inc	come		
	State hospitals	Ingwe Prima	ry Care Netw	ork provider			R1	14 601+		
	Ingwe Network	Ingwe Prima	ry Care Netw	ork provider			R1	10 251 - F	₹14 600)
	Any hospital	Ingwe Active	Primary Care	Network provide	er		R7	751 - R	10 250	
							R7	776 - R7	750	
GP's practice number							≤F	R775		
GP's name								ss than R14 of the claration of the clar		
Evolve Option	Hospital provider Evo	lve Network		Chronic provid	der Sta	ate				
Custom Option	Hospital provider			Chronic provid	der					
	Any hospital			Any		State				
	Associated hospitals			Associated GP a	and Cou	rier Pharmacies				
Incentive Option	Hospital provider			Chronic provid	der		Sa	avings: 1	10%	
	Any hospital			Any		State				
	Associated hospitals			Associated GP a	and Cou	rier Pharmacies				
Extender Option	Hospital provider			Chronic provid	der		Sa	avings: 2	25%	
	Any hospital			Any		State				
	Associated hospitals			Associated GP a	and Cou	rier Pharmacies				
How would you like us to	pay your day-to-day claims	?								
	At the claims accumula	ation rate		At up t	o 200%	of the Momentun	n Medica	l Scheme	e Rate	
Summit Option	Hospital provider Any			Chronic and D	ay-to-c	day provider Free	edom-of-	choice		

HEALTH 0570122E | Option selection form | 2022

Declaration

I confirm that I understand the benefits offered under the option I have selected and agree to be bound by the Rules applicable thereto. I agree to pay the relevant contribution according to the option and providers I have selected.

Signature of principal member		Date	D D M M Y Y Y Y
Employer approval (to be comple	eted if your employer pays your contributions)		
Name			
Designation			
Signature of authorised person		Date	D D M M Y Y Y Y
Employer stamp			

Momentum Medical Scheme 201 uMhlanga Ridge Boulevard Cornubia 4339 PO Box 2338 Durban 4000 South Africa Client Service and Authorisation 0860 11 78 59 member@momentumhealth.co.za momentummedicalscheme.co.za Registered in terms of the Medical Scheme Act No 131 of 1998

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Declaration of income

2022

		 	 	_	_	
Membership number						

Please submit the completed form and supporting documents to us via email at mhmembership@momentum.co.za.

Important information:

On the Ingwe Option, the higher of your or your spouse/partner's gross income, if he/she is included on your membership, is used to calculate the contributions you pay.

You only need to complete this form if you are a member of, or if you wish to join the Ingwe Option, and your income or your spouse or partner's income, if he/she is included on your membership, is less than R14 601 per month.

If your income changes while you are a member of Momentum Medical Scheme, you need to let us know within 30 days by emailing us at mhmembership@momentum.co.za.

To calculate your contributions, we define income as any amount received by or payable to you, your spouse or partner (if he/she is included on your membership). Income includes, but is not limited to, the following:

- the average of the past twelve months' salary, commission or rewards arising from employment or self-employment (whether this employment is in the formal or informal sector);
- · any amounts arising from the provision of services and/or goods, such as part-time or contract work, freelancing or temporary employment;
- all interest and dividend income;
- · any amounts arising from leasing of assets or property;
- any payments received from a pension fund, provident fund, retirement annuity or annuity;
- · any distributions received from a discretionary or vested trusts;
- · any amounts received from a social assistance programme, such as old age pension or disability grants;
- · all other income received.

1: Proof of income

Please provide us with the following documents as proof of income. Please note that the documents are required for you and your spouse or partner, if he/she is included on your membership.

- If you are employed, copies of your latest payslip or IRP5 certificate. If you earn a variable income, copies of your last 3 months' payslips.
- If you earn income from the provision of services and/or goods, copies of your last 3 months' statements for all your bank accounts, as well as an affidavit confirming your employment status and that these are your only bank accounts.
- If you are self-employed, copies of the latest audited financial statements of your company and the last 3 months' statements of all of your and your company's bank accounts, as well as an affidavit confirming you are self-employed and that these are your and your company's only bank accounts.
- If you are unemployed, proof of your UIF registration, copies of your last 3 months' statements for all your bank accounts, as well as an affidavit confirming that you are unemployed and that these are your only bank accounts.
- If you are a student, proof of your full time studies at a registered academic institution.
- If you are a pensioner, proof of annuity or pension income (a letter from SASSA will be accepted) and copies of your last 3 months' statements for all your bank accounts, as well as an affidavit confirming that you are a pensioner and these are your only bank accounts.

2: Details of income

Please confirm the gross monthly income.

Please provide a Rand amount for each category. If not applicable, please use R0.

Salary or wages

Commission and other monetary rewards, such as incentives, overtime and allowances

Income from provision of services and/or goods

Income from investments, including interest and dividends

Income from leasing of assets or property

Income from trust/s

Princ	cipal n	nembei	•		
R					
R					
R					
R					
R					
R					

Sp	Spouse or partner									
R										
R										
R										
R										
R										
R										

2: Details of income (continued)

Income from pension funds, provident funds, retirement annuities and/or annuities

Social assistance allowance, such as old age pension or disability grants

Other income - please provide a short description

Principal member	Spouse or partner
R	R
R	R R
R	R
D D M M Y Y Y	D D M M Y Y Y

Total gross monthly income

Income tax reference number¹

Date of last tax return submitted

¹Please provide proof of your income tax reference number.

3: Declaration

I confirm that all the information supplied here is true and correct.

I understand that should I make a false declaration, and/or omit or withhold information, this would constitute fraud and will lead to termination of my Momentum Medical Scheme membership. Criminal charges may be brought against me.

By signing this form, I give Momentum Medical Scheme permission to verify my income using all relevant sources, such as credit bureaus.

Signature of principal member	Date D D M M Y Y Y Y
Signature of spouse or partner (if he/she is included on this membership)	Date D D M M Y Y Y Y
Signature of parent or legal guardian (if the principal member is a minor)	Date D D M M Y Y Y Y

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